# ESA Group training sessions

**QUARTILE 4, 05/09/2022 - 13/11/2022**

## Study management - Group training

For more information about the courses, visit the Education guide. If you know what course to follow, you can send an e-mail to studymanagement@tue.nl. Please state which (online) training you want to apply for in the e-mail.

For tips and tricks about study management, you can also visit the following canvas page: Study Management

For personal appointments: Study management advisor

### SFC01  Graduation Group (Bachelor/Master)

Students who are in the final phase of their Bachelor’s or Master’s program, but need some support for the completion of their Bachelor’s Final project (BEP) or graduation project.

- Monday morning
- Wednesday morning
- Thursday morning

### SFC02  Tackling Procrastination

Students who are eager to learn how to organize their studies and their social life around it. Also how to manage your time more consistently and efficiently.

- Monday morning
- Thursday morning

### SFC03  Workgroup planning and setting goals

Students who have difficulties actually carrying out the tasks they intend to do.

- Monday morning
- Tuesday afternoon
- Wednesday morning
- Thursday morning

### SFC05  Approaching your studies

First or second-year students who do not yet know enough about how they should study and how they can approach studying independently.

- Tuesday afternoon
- Wednesday afternoon

### Other support:

- [Academic advisors](#)
- [Student counsellor](#)
- [Student psychologists](#)
- [Study choice advisors](#)
- [TU/e career academy](#)